

POM & DANCE

DATES	TIME	GRADES	PRICE
July 28-29	8:30-10:00 am	K,1	\$ 45
Registration Code: PD09K1			
July 28-29	10:30-12:00 pm	2,3,4	\$ 45
Registration Code: PD0924			

Director: Head Coach Kelley Rozelle

Coach Rozelle has 25 years of dance training & 11 years of teaching experience, has taught for National Dance Alliance, performed on the All-American Dance Team, danced with Momentum Dance Company in Washington, D.C., and is the Head Coach of the Nazareth Runnersettes. Each camper will receive a child-size T-shirt.

SOCCER

HIGH SCHOOL GIRLS & COED 5th-8th

DATES	TIME	GRADES	PRICE
July 6-10	1:15-3:15 pm	Co-ed & 5,6,7,8	\$ 80
Registration Code: BGSCR0958			
June 22-26 & July 6-10	11:00-1:00 pm	Girls 9,10,11,12	\$ 110
Registration Code: GSCR09912			

Director: Head Coach John Nikchevich

At the younger age level the camp will focus on the fundamentals of the game of soccer. The goal of the camp will be to improve players' skills and teach them drills that they can do at home. The older age groups will focus on ball movement, advanced skills and field play. The goal for this age group will be to help the athletes understand the tactical part of the game. Grammar school campers receive a t-shirt.

Coach Nikchevich has worked with some of the top players from Illinois. He has coached for nationally ranked clubs and is the head coach for the W-League Chicago Gaels.

BOYS VOLLEYBALL

DATES	TIME	GRADES	PRICE
June 29-July 2	9:00-11:00 am	5,6,7,8	\$ 75
Registration Code: BVB0958			
June 29-July 2	11:00-1:00 pm	9,10,11,12	\$ 75
Registration Code: BVB09912			

Director: Head Coach Thomas Malesky

This camp will focus on the basic fundamentals of volleyball including passing, serving, spiking, setting, and serve receive. The campers will also learn offensive and defensive positioning. There will be fun, intense instruction, mini-tournaments, and team competitions. Grammar school campers receive a t-shirt.

Coach Malesky has served as Morton College's head volleyball coach for the past 19 years and has twice been Coach of the Year in the Illinois Skyway Collegiate Conference. He is head coach of the Lions Volleyball Club, Boys 18 and Under. His teams qualified for and participated in U.S.A.V. Junior Olympics and were Silver Division finalists.

GIRLS VOLLEYBALL

DATES	TIME	GRADES	PRICE
June 22-26	9:30-11:00 am	5,6	\$ 85
Registration Code: GVB0956A			
July 6-10	9:30-11:00 am	5,6	\$ 85
Registration Code: GVB0956B			
June 22-26	11:00-1:00 pm	7,8	\$ 95
Registration Code: GVB0978A			
July 6-10	11:00-1:00 pm	7,8	\$ 95
Registration Code: GVB0978B			
June 22-26	1:15-3:45 pm	9	\$ 100
Registration Code: GVB0992A			
July 6-10	1:15-3:45 pm	9	\$ 100
Registration Code: GVB0992B			
June 22-26	7:00-9:30 am		
4:00-6:00 pm 10,11,12 \$ 110			
Registration Code: GVB081012A			
July 6-10	7:00-9:30 am		
4:00-6:00 pm 10,11,12 \$ 110			
Registration Code: GVB091012B			

Director: Head Coach Wayne Saunders

The campers will learn the basic fundamentals of volleyball including passing, serving, spiking, setting, and serve receive. The campers will also learn offensive and defensive positioning. There will be mini-tournaments and team competitions throughout the week of fun, intense volleyball instruction. Grammar school campers receive a t-shirt.

Coach Saunders has just completed his fourth successful season with the Lady Roadrunners. He has been a camp director of The Great Lakes Volleyball Camps for 28 years.

GIRLS GOLF

DATES	TIME	GRADES	PRICE
June 15-19	12:00-2:00 pm	Girls 5-8	\$ 100
Registration Code: GG0958			

Director: Head Coach Charlie Rohlf

This camp will be held at Fresh Meadows Driving Range in Hillside. We will be working on the fundamentals of all aspects of the game of golf including short-game, pitching, irons and driving. Coach Rohlf is entering his 5th year as the head coach at Nazareth. The camp will stress the importance of having fun despite all the frustrations of the game in an effort to cultivate a life long love for golf.

SOCCER—HIGH SCHOOL BOYS

DATES	TIME	GRADES	PRICE
June 8,10,15,17, 22, 24, 29 and July 1, 8, 13, 15	6:00-8:00 pm	Boys 9-12	\$ 120
Registration Code: BSCR09912			

Director: Head Coach Doug Hunt

This camp is a comprehensive six-week (11 dates) program focusing on a variety of soccer skills, techniques, and tactics. The camp will place emphasis on the foundation necessary to be a competitive player. The staff will consist of the Nazareth Academy soccer coaches. Camp will take place at Sedgwick Park in LaGrange.

BOYS LACROSSE

DATES	TIME	GRADES	PRICE
June 29-July 2	9:00-12:00 pm	5-9	\$ 100
Registration Code: BLAX0969			

Director: Nazareth & Lacrosse America Staffs

Lacrosse combines the best of basketball, hockey, and soccer. Nazareth Staff, Lacrosse America staff and special appearances from professional players will instruct boys in stick handling, passing, shooting and defense. Campers will be grouped by age and ability. The emphasis for the camp will be on individual skill development, learning the rules, sportsmanship and fun contests and scrimmages. The camp is open to boys entering grades 5-9 in September. FREE loaner equipment is available. This is the perfect way to learn one of the hottest sports in the area and the newest sport at Nazareth Academy. Each camper will receive a T-shirt.

CO-ED TENNIS

DATES	TIME	GRADES	PRICE
July 6-10	8:30-11:00 am	7,8	\$ 110
Registration Code: TNS0978			
July 6-10	11:00-1:30 pm	9,10,11,12	\$ 110
Registration Code: TNS09912			

Director: Head Coach Melissa Byram

This camp is designed to enhance basic tennis fundamentals through individual instruction and to gain both match play and drilling experience. Tennis conditioning is included. Camp will be held at Mayfair Park in Westchester. Every camper will receive a t-shirt.

Coach Byram has twenty years of tennis experience, was a nationally ranked junior player and competed at the collegiate level. In 2006 she was named the ESCC Coach of the Year and in 2007 was inducted into Nazareth's Hall of Fame. She has coached through S.C.O.R.E. Academy and is in her fifth year coaching at Nazareth as the head girls and assistant boys coach.

GIRLS LACROSSE

DATES	TIME	GRADES	PRICE
June 29-July 2	9:00-12:00 pm	5-9	\$ 100
Registration Code: GLAX0969			

Director: Nazareth & Lacrosse America Staffs

Staff will instruct girls in stick handling, dodging, shooting and defense. Campers will be grouped by age and ability. The emphasis will be for the camp will be on individual skill development, learning the rules, sportsmanship and fun contests and scrimmages. The camp is open to girls entering grades 5-9 in September. Both beginners and experienced players will learn from individual instruction, game situation drills and daily scrimmages. FREE loaner equipment is available. This is the perfect way to learn one of the hottest sports in the area and the newest sport at Nazareth Academy. Each camper will receive a T-shirt.

NAZARETH ACADEMY ATHLETICS



2009 SUMMER CAMPS

On-Line registration and payment is available at
www.athletics2000.com/nazareth/registration



Nazareth Academy Summer Camps
 1209 W. Ogden Avenue
 La Grange Park, IL 60526

REGISTRATION FORM

Name: _____
 Address: _____
 City: _____ Zip: _____
 Home Phone (_____) _____
 Emergency Phone: (_____) _____
 E-mail: _____
 School & Grade in Fall 2009: _____

Shirt Size (if description says shirt is included) Adult Size: S M L XL
 Poms Camp only—Child size: S M L XL (No Adult Sizes)

On-line registration and payment is available at www.athletics2000.com/nazareth/registration

Camp(s) Registration(s):

Registration Code: _____
 1. _____
 2. _____
 3. _____

Total enclosed: _____
 Check number: _____

Parental Consent for Participation

I certify that my child has no injury that would limit his/her participation in camp. I hereby release, exonerate and discharge the camp and the employees from any injuries incurred in camp or on the way to camp. I have medical coverage and will be responsible for any medical or other charges related to his/her attendance at camp. I give my child permission to attend the Nazareth Academy Summer Camps.

Medical Conditions: _____

Parent Signature: _____ Date: _____

Note: ONE REGISTRATION FORM PER CAMPER
FORM MAY BE PHOTOCOPIED
OR CAN BE DOWNLOADED FROM
www.athletics2000.com/nazareth.
 Athletic Office Phone: 708-387-8558

REGISTRATION INFORMATION

- List all camps you wish to register for by code. Register the child for the grade he/she will be in this coming Fall. Campers registering for more than one camp should use a single form preferably one camper and one check per registration form. **DO NOT SEND CASH.** Make checks payable to NAZARETH ACADEMY.
- Registrations will be accepted through the camp start-date. Register by mail to Nazareth Academy Summer Camps, 1209 W. Ogden Ave., La Grange Park, Illinois 60526, or drop off at the school office.
- Camp registration is confirmed upon receipt of registration form and payment. Your cancelled check serves as your receipt. Campers should plan on complete participation on the indicated first day of camp. You will be notified ONLY if the registration cannot be processed. All camps will be held at Nazareth Academy unless noted otherwise.
- There is a \$25.00 cancellation fee. No refunds will be issued beyond one week before the camp start date.
- Camp updates will be posted at www.athletics2000.com/nazareth.

BOYS BASEBALL

DATES/TIME	GRADES	PRICE	RAIN DATES()
June 15-18:	4,5	\$ 110	June 19
8:00 am-11:00 am		Registration Code: BSB0945	
June 22-25:	6,7	\$ 110	June 26
8:00 am-11:00 am		Registration Code: BSB0967	
June 15-18, 22-25, 8,9		\$ 110	June 19 & 26
11:00 am-1:00 pm		Registration Code: BSB0989	

Director: Head Coach Lee Milano

This camp will instruct players on the skills and fundamentals of throwing, catching, fielding, hitting, bumping and base running. It will be centered at our state-of-the-art R.J. Sanders Field located on Nazareth's campus. Each camper will receive a t-shirt.

Coach Milano will oversee all aspects of the camp and, with his staff, will provide each camper with hands-on instruction. In the past 10 years, Coach Milano has paved a proven track record, helping guide 40 players to the collegiate level and 3 into the professional ranks. In 2008, the Varsity Team was ranked in the top 10 by the Chicago Sun-Times. This camp will provide an opportunity for individuals to learn and refine their overall baseball skills at a first-class facility.

CO-ED RUNNING CLUB

DATES	TIME	GRADES	PRICE
June 15-July 16	7:00-8:30 am	8,9,10,11,12	\$ 35
(Mon.-Thurs. Only)		Registration Code: CC09812	

Director: Head Coaches Kevin Milos & Joe Wejman

This camp will provide an introduction to novice runners and provide structured workouts for experienced runners. While creating a positive attitude about running, daily workouts will be structured to challenge all levels of runners. Runs will take place off-site of Nazareth throughout the nearby neighborhoods, with some "fun runs" at further destinations. Each camper will receive a t-shirt.

GIRLS BASKETBALL

DATES	TIME	GRADES	PRICE
July 13-17	9:30-11:30 am	4,5,6	\$ 75
		Registration Code: GBK0946A	
July 20-24	9:30-11:30 pm	4,5,6	\$ 75
		Registration Code: GBK0946B	
July 13-17	11:30-1:30 pm	7,8	\$ 75
		Registration Code: GBK0978A	
July 20-24	11:30-1:30 pm	7,8	\$ 75
		Registration Code: GBK0978B	
July 13-17	1:30-3:30 pm	9,10	\$ 75
		Registration Code: GBK09910A	
July 20-24	1:30-3:30 pm	9,10	\$ 75
		Registration Code: GBK09910B	
July 13-17, 20-24	7:00-9:30 am	11,12	\$ 110
		Registration Code: GBK091112	

Director: Head Coach Charlie Rohlf

Camp will provide instruction in proper basketball techniques. Time will be spent on fundamentals, advanced skills, competitions and contests. Different topics will be covered each week so that campers attending both sessions will continue to be engaged with differing drills and activities. The importance of teamwork and sportsmanship will be stressed throughout the camp. Campers benefit from small group, hands-on instruction and leave this camp improved and more confident players. All campers will receive a T-shirt.

BOYS BASKETBALL

DATES	TIME	GRADES	PRICE
June 8-12	9:00-11:00	4,5	\$ 75
		Registration Code: BBK0945A	
June 15-19	9:00-11:00	4,5	\$ 75
		Registration Code: BBK0945B	
June 8-12	11:30-1:30	6,7	\$ 75
		Registration Code: BBK0967A	
June 15-19	11:30-1:30	6,7	\$ 75
		Registration Code: BBK0967B	
June 8-12	2:00-4:00	8,9	\$ 75
		Registration Code: BBK0989A	
June 15-19	2:00-4:00	8,9	\$ 75
		Registration Code: BBK0989B	
June 8-12, 15-19	4:00-6:00	10,11,12	\$ 110
		Registration Code: BBK091012	

Director: Head Coach John Bonk

Each camp will help players build a solid fundamental base for the game. Hands-on instruction will focus on ball handling, dribbling, passing, shooting and offensive movement. Different activities and topics will be covered each week so that campers attending both sessions will not be repeating the same drills. Each camper will be provided with a workout program which he can use to prepare himself for the upcoming season. Each camper will receive a T-shirt.

YOUTH FOOTBALL CAMP

DATES	TIME	GRADES	PRICE
July 6-8	3:30 pm-5:00 pm	4,5,6	\$ 80
		Registration Code: FB0946	
July 6-8	5:00 pm-6:30 pm	7,8	\$ 80
		Registration Code: FB0978	

Director: Head Coach Tim Rackl

This camp will be a non-contact camp with a focus on individual instruction, drills, agility and speed work. It will also include group activities on running, passing and blocking.

YOUTH QUARTERBACK/RECEIVER CAMP

DATES	TIME	GRADES	PRICE
July 13-15	4:00-6:00 pm	5,6,7,8	\$ 80
		Registration Code: QB0958	

Note: There is a discounted price of \$125.00 for youth campers signing up for both Football and QB camps.

Director: Offensive Coordinator Brendan Curtin

This camp will be directed by Coach Curtin and will include a video analysis of the campers. We will help young quarterbacks and receivers gain an understanding of the game and provide them with valuable skills. Specific quarterback and receiver fundamentals and techniques will be emphasized. Additional time will be spent on leadership, mental preparation and daily competitions. This camp will be a young quarterback's or receiver's ultimate source for information and instruction on how to take his game to the next level and have fun doing it.

HIGH SCHOOL FOOTBALL CAMPS

DATES: June 8-July 30
 (Benedictine Camp June 29-July 1)

Freshman Times:

Mon.—Thurs:

Always a 4:00 pm or later start. Most often 4 pm-7 pm.

Specific times will be provided by Football Department when camp starts.

PRICE: \$225 Registration Code: **FB099**

Sophomore Times:

Mon.-Thurs.:

Always a 5 pm start. Most often 5 pm-8 pm.

PRICE: \$225 Registration Code: **FB0910**

Varsity Times:

Specific times will be provided by Football Department at start of camp.

PRICE: \$225 Registration Code: **FB091112**

Director: Head Coach Tim Rackl

Coach Rackl will oversee all aspects of each camp. The purpose of these camps is to teach every player the fundamental and advanced skills necessary to make him a better football player and to help him develop further athletic ideals in sportsmanship, leadership, and citizenship. We will teach and enforce techniques that are vital to the athlete in reaching his fullest potential. There will also be instruction on running techniques, flexibility exercises, and special skills.